## Symptoms I experience:

- Very Intense Corpolalia, (very very profane sentences, racist and derogatory in nature)
- Involuntary Unprovoked since the day of my surgery in OCT 2010
- Episodes Primarily Occur in home environment
- Episodes as often as every 3 min or can even be 30 sec apart (clustered).
- Episodes can range from brief 3-4 sec (back to back clustered ) or continuous 4-5 min (more rare)
- I have had 10 to 15 min reprieves between episodes. On bad days as seen in my VEEG at the U of M Medical Center, I can have 100 clustered events in a single day.
- Inspite of the severity and the frequency of the episodes in my home environment and the public internet café tied to my home No episodes in Public for 6 1/2 years straight from 2010 Oct to May 2017 with the exception of 2 public episodes in 2015
- Nov 2015 March 2017 Lived alone in my home. Episodes as often as every 3 min. During this peak phase I was at the court house every single day or at dr. appts or other social interaction places – No episodes.
- Hired a person to monitor me during this peak phase in Feb of 2017 for a week inside of the home that I was experiencing episodes as often as every 3 min to see if during this peak phase, a 3<sup>rd</sup> party presence would make a difference – No episodes the entire week.
- Dynamic changed in April 2017
- I moved into an apt
- April thru July of 2017 isolated incidents in the internet café for the first time in public barring those 2 incidents in 2015.

- Checked into a rehab center in July of 2017 till Oct of 2017. The nature of my episodes was
  very consistent at the rehab center as well None during the day at groups. Episodes in the
  evening or during breaks with people around me as I am reading a novel or browsing content
  on my cell phone.
- Nov 2017 till Present The internet café dynamic has changed. I can have many episodes during the day. Frequency and severity of episodes in the internet café is less severe than my apt
- At the internet café I am always on my laptop. I place a ton of calls thru the day. No
  episodes during calls. Episodes between calls.
- I go to my apt at only 11:00 at night other than the bare minimum time I need to spend in there.
- Apt is continual and very intense. It doesn't matter as to what I am working on in the apartment. It is just always there and is very intense.
- The electricity, the microwaved dense energy, the frequency hums in the back of my skull, the frequency hums in my vagina and the sexual energy along with the episodes is the strongest in the apartment.
- My skin is always radiated and continually emanates strong burning sensations along with thick dense energy that wants to make me drop to the floor along with sexual energy that moves all over me the moment I step into the apartment.
- The intensity was lesser in the internet café but after my hysterectomy in Dec 2017 has gotten a lot more severe.
- Video EEG from Apt picked up 696 events thru the course of the week of Jan 22<sup>nd</sup> 2018.
- In spite of this severity, <u>I still do not have episodes at any dr. appt or at the day treatment center</u> which there have been tons of even since Nov 2017 (i.e. the peak phase of my episodes for the first time in my life in a public setting like the internet cafe)

- For the first time in my life since 2010 Oct, I also have not worked inside of the home. I chose to work in the internet café because the episodes in the apt were non-stop.
- I hoped that a public place like the internet café would cure me of the episodes courtesy the shame and embarrassment I would feel. I was hoping it would inhibit the brain.
- 3 months into working at the internet café (i.e. the April thru July of 2017 time frame where there were only isolated occurrence of episodes), and where I kept a consistent pattern where I did not go to the apt till 11:00 at night, the dynamic at the internet café changed in its entirety. The frequency and the severity went up (i.e. Nov 2017 to Present –the nature and frequency of the episodes went up significantly in comparison to April thru July of 2017).

## Physical Symptoms I experience:

- Electricity running thru me continually -
- Constant burning sensations thru my body Very pronounced and very severe on the scalp
- Thick dense energy running thru me continually
- Insides of me can get so overheated like my insides are being cooked
- Energy running like water ripples which can be hypnotic at times running across my scalp.
- Constant pins and needles very pronounced and very severe on my scalp
- Pain behind my eyes. I have videos showing the number of ice packs I applied on top of my head to kill the pain while I worked in it.
- Splitting pain thru my ears
- Ringing in my Ears Constant Vibrations in my Ears
- Dermal Itches Continual
- Constant Allergic Reactions

- Very Severe Facial Angioedema
- Very Severe Skin Rashes and Mild Burns
- Very severe swelling and skin discolorations on my feet and the palms of hand
- I can feel electrical currents thru it
- Sometimes it can swell up so bad that it feel like I am walking on stones or logs of wood.
- Very Amplified sense of certain odors Predominantly Urine Stenches, Poop Stenches and Puke Stenches. It is so amplified and so pronounced that it is not even normal. I could drop dead from the intense stench. I have spent days inhaling Germ-X and popping mints into my mouth to make it bearable
- Increased Gastrointestinal symptoms Bowel movements altered, constant nausea,
   belching, constant fluid gushing to my mouth. For 3 months in 2017, bowel movements
   came to complete stop without laxatives which I have never needed in the past.
- Frequent Urination to the point of incontinence I have however not experienced any.
- Continual Vaginal Oozage since July. I sit on very very thick pads in my underwear just to kill it. Ovaries continually stimulated. My vagina is constantly highly lubricated. The fluid is filled with sexual intent. I have to sit on that much pressure to kill it. I have to continually ice my groin area and sit in pain to kill all the sensations.
- I feel like my vagina is continually orgasming. I also feel it involuntarily contracting and expanding out on its own.
- I had a total hysterectomy in Dec of 2017 and there have been no changes to the intense fluid gush into my vagina that is filled with sexual intent.
- Inside of the apartment, the sexual energy moves across by breasts, my stomach, the sides of my stomach and on the tissue stuck in my underwear.
- Frequency hums in my vagina, in the back of my skull and on my scalp.

- I had these symptoms for almost 2 years prior to the hysterectomy in Dec 2017
- I have had pain in the tailbone area for years and can get severe if I sit on it for too long.
   Usually when the pain gets bad, I sit on heating pads or tend to lift my butt of the seat which gives me reprieve.
- I have sciatical hips to the point where I could not even wear a pair of jeans for 2 years straight as just that exercised enough pressure on the hips to bring the pain on.
- I have Fibromyalgia.
- I have severe pain in all my joints, specifically my shoulder joints, my knee joints, my elbows,
   my wrists and my fingers will flare when I garden
- Physical Stress brings on cervical inflammatory responses where my entire cervical area will lock, will flare and I can even have cervical dystonia where my head rotates to one side and will stay to rotating to one side and I have to apply heat or ice packs to get rid of or take an antidote.
- The episodes behave like they are designed to inflict maximum pain on the sore spots where
  it can feel like these episodes are severely tearing the tissue at these sore spots to inflict
  maximum pain.
- I tested positive for exposure to low level radiation when I sent a hair sample to a forensic lab in Canada

#### **Context on the Profanity I scream**

- o I can scream profanity where it is sheer Gibberish.
- I can scream or laugh hysterical chatter where it is not pertinent to any context that I am working on.

- It just flows out my mouth outside of my control. I could be doing dishes, I could be mopping floors, I could be working at my desk. In a split second, my form i.e. my body could just whip around and I could be screaming and yelling at anything in the environment inside of the home or the apartment.
- When I am done screaming, if you watch my videos you will see me have the ability to go back it work like it never happened.
- I can scream garbled sentences from articles that I may have read in the past. While I am typing I might wind up screaming the abuse that I have experienced except that it does not make any sense as it is all blended in with sentences that are not always pertinent to the context.
- I can be typing, and I will break into prolonged euphoric laughter. While I am laughing, mindless brainless chatter will flow out of my mouth. The voice that flows out of my mouth is always talking to me as it uses my name a lot. "Do u hear me Smeeta" is a constant sentence or phrase that is used in the chatter that flows out my mouth. "Us love it, that's really all I have for you Smeeta." The voice that flows out of my mouth appears to be instructing me. The voice that flows out of my mouth also uses my nickname a lot "Do u hear me Sim". It is my nickname that my mother uses.
- Other common sentences that flow out of my mouth that I have never spoken in the past as me from the kind of individual I know myself to be are "In our bloody asses, In My bloody ass, do u hear me Sim, It is to that degree I don't have the case again, it is from that day to this day you are pissing me off on a bloody good ground, In our asses, In my bloody ass his ass is whopped, It is to that degree my ass is pissed do u hear her. U tit whore, u tit bitch, nipple suck, u brown bitch, u white fuck, u white bitch, u pansy, sex messages in your vagina, suck on your bloody mistress, u cock sucking whore, suck on your cock, suck on your penis, bloody shit, suck your bloody shit, what a brown fuck, suck your cock u shit, u bloody brown filthy gutter cock, did u get your slut begging, what a cock, white slut, u brown shit as him, u white shit, bloody bitch, u white crap, bloody filthy scum, suck your white cock, what a helpless filthy brown bitch.
- Some others "In me Smeeta that white cock doesn't count to you, That white cock is truly that worthless, what do u think u goad, suck him u white bitch, what a bloody disgusting white brain

dead bitch, u got attitude, kiss his brown dick u shit, fucking disgusting u brown ass bitch, disgusting pussy bitch, u are a bloody brown slut, stay a slut u shit, gutter fuck, u are such a brown shit u can't even piss out of your pants, in my bloody ass, that brown shit just licks white shit – u white bitch, what a white piece of fuck – u bitch, filthy fuck bitch, u brown freebie – u white whore, what do u think u fucking own in your disgusting penis u shit, fucking scumbag, who gives a shit in your kind of filth, u get your ass back, do u hear me – what a piece of shit"

- Events that are about to happen might flow out of my mouth "There will be a court order soon, chatter about committals, urine stench in my mouth, poop stench in my mouth"
- Events that might have occurred with the trauma I endured "An Indian bitch fucked her, he fucks her and he fucks her and he fucks her He never gets tired of fucking her, she has continual stenches in her mouth, oozage from her vagina, sex messages in her vagina, he can't walk into this household, shit carved out by your filthy family, your brain is downloaded, your brain is stimulated, everyone is telepathically fucked, your mother humped a little too freely, she is a whore, your father is a bastard, he is a drunken womanizer, how does she do it for 6 ½ years, why does she not burn out, now is she talking to herself, u have to stay her you whore, the bloody whore will stay and shut the fuck up" Key recordings A recent weekend of continual chatter among other days of continual chatter and trauma that I have recorded over the last 5 months Weekend of 1-13-2017 to 1-15-2017

Phrases flowing out of my mouth 1-19-2018 in the apartment - You are born to lick brown garbage and sell brown garbage, bloody white fucking suck bitch, roll down your skin, do u get the pink round portion of the penis is, do u love licking the pink round portion of the penis in your mouth – 5 min, do u get it you white whore, bang your brown ass in public, is she too much your mistress, why is that slut not stripped down by u white bitches, at 6 min – is she too much your inmate, do u know why, she brought u an ace brown whore didn't she?, do u know how to bang, strip down the brown filth, at 7 min 54 sec – what a white titting filthy bitch, What is it that u wanted as the brown whore – u get it u white pussy at 12 min 50 sec, Why should every bitch not know how u banged her vagina for white filth, show me the kind of slut she is and why won't she?

• Examples of Garbage I have heard - That is the problem, She keeps it very easy. I just don't like that case, We are fucked, he has his ass fucked, I mean it in his bloody fucking ass. U never got anything right sim, she mocks my ass simi, she has everything anally written, that is what I try, she is calculating again and again and took it and fucked him. I just don't have her again, I am not budging he is having a very hard time one way or another, u are reduced, everybody is reduced, I will get there for now.

### • On 1-24-2018 – at 3:00 p.m. "u will be screaming non stop on your job site"

- Other phrases that I have heard "I am not listening, do u hear me sim? I am bloody ass fedup again, it is up your ass, it is up your penis, u filthy cunt, u filthy bitch, u fucking whore, I don't give a shit about her existence, ensure of it u bloody bastard, he is bastard to be spat on."
- I also take on forms where my face alters, tone alters, my accent alters, and my mannerisms alters some.
- I tend have to respite/peace in environments like the courthouse, medical clinics, hospitals, attending groups at rehab facilities or day treatment centers regardless of the stress that I might be under. In these environments my brain tends to be stable and I tend not to experience any episodes as per historical information.
- Other social interaction places that I tend to well at restaurants, ballroom dancing, church, schools...
- I did very well at the Nystrom Day Treatment Center for 8 week straight inspite of living episodes as often as every 3 min inside of the home.
- I did very well at the Fairview Day Treatment Center thrice a week for 3 hrs each.
- I am currently doing well at the Hennepin County Medical Center 4 times a week 3hrs each

- I did comparatively well in an inpatient rehab facility for 90 days.
  - 1. From 8 3:30 p.m., I have no episodes in groups
  - 2. From 3:30 to 5:00 p.m. I tend not have episodes while working my case manager
  - 3. I have no episodes at their offsite meetings from 6:00 to 7:00
  - 4. From 7:00 onwards I can have episodes if I sit by the water but not if I choose to watch a movie
  - 5. I tend to have episodes if I am researching information on my cell phone or I am writing information in my notebooks
  - 6. I always have episodes if I am alone in the room
  - 7. They are intense before I sleep and while in shower
  - 8. For the first 30 days when I was monitored in my room, I did not have any.

# My kind of ill brain is capable of the following:

- I can read the same article on which I experienced episodes at home in a courthouse for 3 -4
   hrs straight and not have an episode come on.
- o I can take in trials all day, research all day and be just fine.
- o I can be in a clinic all day and not have an episode come on.
- o I have had numerous medical appointments this year and not have an episode come on.
- o I can be screaming hysterically with every fiber of my being, quaking in rage with my heart slamming ,racing and pounding in my ribcage and get on a call the very next minute in my home in

that very exact same environment where it was so intense a min ago and my brain will not fire an involuntary reaction. I have call recordings on myself since the month of April 2016.

- Inspite of the insane amount of interrupts I experience on a daily basis, I can write intelligently, speak very intelligently and I am very good listener inspite of the continual corpolalia, and the involuntary and unprovoked laughter that is very intense in my home, or the apt environment predominantly. When I listen to my cell phone recordings I find that I am really good at waiting my turn, listening and being able to respond intelligently. It is bizzare that there are no involuntary interrupts when I am on call with a person.
- o In certain environments regardless of what I might have endured it will never happen till date over as long as a period of 7 years.

#### The Trauma that I have endured for the last 7 years since the day of my surgery since 2010:

#### • A woman:

- Who explosively declined the day after surgery with no explanation
- Who suffered physical and emotional abuse for most of her marriage. The physical abuse intensified when she chose to end her marriage with her spouse in 2010 and moved to a separate bedroom.
- Who was harassed via emails or other forms of intimidation where she was being forced to go back to him.
- Who was given a mental health diagnosis on the grounds of mostly her ex-husband's statements alone with no explanation of why there were no observations on the outside of the home.
- Who was stolen of every cent and ensured of no resources stolen of \$70,000
   jewelry
- Who was taken over financially in every way
- Whose ex-husband used her mental health diagnosis to his max advantage and came up with every allegation under the sun and painted the most horrendous picture he could paint of what an unfit mother she is.

- Who took max advantage of Law enforcement's minimization of my abuse when
   reports were logged of the abuse I had endured at home because I was mentally ill.
- Who based took max advantage on the grounds that there would never be any
  evidence for slapping, choking, shoving as no one would listen when I was mentally ill
  as there would be no credibility to anything I said.
- Who was ensured of no contact with her children except for supervised visits.
- Who was ensured of a \$1000 spousal support while her spouse made \$15,000 a
   month
- Whose family's utter lack of curiosity or her ex-husband's utter lack of curiosity as to why a surgery would make someone so ill never bothered the system. Such utter lack of curiosity was not considered strange behavior by any worker in the system.
- o Who was emotionally and physically abused by her father.
- Who was ensured of physical and emotional abuse of every kind ensured that she was the maid of the household, ensured that she was forced to continually clean the poop, pee and puke off the floors, ensured of run down cars, ensured of cheap clothes, cheap jewelry and accused of lavish spending sprees inspite of it all.